



**HEALTH AND  
SAFETY AT WORK**



**NEBOSH  
& IOSH**



**FIRST AID COURSES  
FROM THE BRITISH  
RED CROSS**

## Level 2 Award in Health & Safety in the Workplace

Awarded by Chartered Institute of Environmental Health

### Who is it for?

This qualification is ideal for anyone with responsibility for any aspect of health and safety, providing an overview of key legislation, safety management processes, risk assessment and prevention. The level 2 award shows your organisation's commitment to the safety of its employees.

### What is it about?

Through undertaking the work to attain this qualification, you will learn how to carry out your own risk assessments and add value to your organisation by improving safety and assuring legal compliance.

### What will I get out of it?

- A level 2 award in Health & Safety in the workplace for your organisation and your CV
- The ability to define and list the responsibilities in law of the employer and employee relating to health and safety at work
- Skills to balance continuous safety culture with the needs of any business
- Confidence in designing, implementing and evaluating a risk assessment
- Ability to deliver safety role modelling and safe working behaviours to managers and staff alike
- Coaching skills to train new staff and 'safety champions' in the theory and practice relating to UK and European law

### Course overview

- Health and Safety law
  - The implied duty for risk assessment since 1974
  - The Management of Health and Safety at Work 1999
  - The Manual Handling Operations Regulations 1992
  - The D.S.E. Regulations 1992
  - Employer and employee duties
  - European directives and the 6 core regulations
  - Statute and civil law
- Managing safety
  - Safety mind-set, commitment and culture
  - Safe systems, processes, procedures and people
  - Method statements (their use and design)
  - Safety policy
  - Employers' duties at common law health and safety
- Accident prevention techniques and safety monitoring techniques
  - Principles of accident prevention
  - Risk assessment
  - Safe systems at work and competent persons
  - Accident investigation and reporting procedures
  - Safety monitoring techniques
  - The Competition & Enterprises Act

### Assessment details

The Level 2 Award is assessed by an examination paper consisting of 30 multiple choice questions to be completed under examination conditions immediately following the course.

## Free Health & Safety eLearning

Attend any course in our Health & Safety section and receive two free eLearning modules from the selection below

**All nine modules are highly interactive and include multiple-choice tests to confirm level of understanding and enable you to put your learning into practice. Every question provides immediate feedback, with an overall pass/fail awarded. All test scores are recorded to provide proof of training.**

### Food Hygiene – The Basics

This module covers all required procedures and good practices laid down by the Food Standards Agency.

### “In the Line of Fire” – Fire Safety Training

An in-depth approach to fire safety in the workplace covering both prevention and reaction.

### DSE and Office Ergonomics

This module covers everything from common (and avoidable) injuries, to eyesight testing and fitness exercises.

### Manual Handling and Risk Assessment

Combines both multiple choice questions and real life scenarios to encourage you to think about manual handling in the context of your own environment.

### Slips, Trips and Falls

This module encourages you to think about where slips, trips and falls will occur in the context of your environment, and know exactly what to do to help avoid them.

### Introduction to Working Safely

A comprehensive overview of key Health & Safety topics including: Fire Safety, Office Ergonomics, Falls, Electrical Safety, Accident Reporting and more.

### Corporate Manslaughter

An explanation of the scope and requirements of the Corporate Manslaughter and Corporate Homicide Act.

### Risk Management

This module aims to make you aware of any potential hazards, and help you control the risk at your workplace.

### First Aid at Work

This module describes the sequence of priorities for giving first aid, providing essential information on how to deal with emergencies.

**Duration & cost** 1 day, £525 + VAT

**London** Sep: 26 Oct: 31 Dec: 6 Jan: 18 Feb: 22 Mar: 27

**Code** HSW



Participation on this course, followed by successful completion of a multiple-choice assessment leads to a Level 2 award in Health & Safety in the Workplace

Accredited by the Chartered Institute of Environmental Health



**FREE H&S  
ELEARNING  
WITH ANY COURSE  
IN THIS SECTION**

## IOSH Managing Safely

Learn best practice and gain the industry standard in managing safely

### Who is it for?

This course is designed for managers of any discipline who wish to manage safely and effectively in compliance with health and safety legislation.

### What is it about?

This course is the gold standard for managing safely. From risk assessment to incident investigation, this programme will give you everything you need to comply with your health and safety obligations to both your staff and the law.

### What will I get out of it?

- An applied understanding of what it means to manage safely
- The ability to incorporate your health and safety obligations into effective management
- A certificate from the Institute of Occupational Safety and Health (IOSH), Europe's leading body for health and safety professionals

### Course overview

This course follows the content of the IOSH syllabus:

- Introducing managing safely
  - Understanding the importance of health and safety as an essential part of the managerial role
- Assessing risks
  - Utilise a simple scoring system to complete a series of assessments
- Controlling risks
  - The best techniques to control key risks, and how to choose the most appropriate method

- Understanding your responsibilities
  - As a manager, you need to be aware of the demands of the law and the legal system in relation to health and safety
  - This section will introduce you to a well-established health and safety management system.
- Identifying hazards
  - This part of the course covers the main workplace hazards
- Investigating accidents and incidents
  - Best practice for investigation techniques when things go wrong
- Measuring performance
  - The link between checking performance and the improvement of health and safety
  - Develop basic performance indicators and get to grips with auditing
- Protecting our environment
  - Here you will gain a brief overview of waste, pollution and other environmental concerns, and examine methods of cutting down environmental impacts

Upon successful completion of two assessments: a closed book exam and an investigative project that is based on careful examination of your work environment, delegates will be awarded an IOSH Managing Safely certificate.

<b>Duration &amp; cost</b>	4 days, £745 + VAT
<b>Birmingham</b>	<b>Nov:</b> 22-25
<b>Bristol</b>	<b>Oct:</b> 25-28
<b>Cannock</b>	<b>Sep:</b> 20-23 <b>Dec:</b> 13-16
<b>Nottingham</b>	<b>Sep:</b> 13-16 <b>Jan:</b> 3-6
<b>London</b>	<b>Sep:</b> 13-16 <b>Oct:</b> 18-21 <b>Nov:</b> 15-18 <b>Dec:</b> 13-16 <b>Jan:</b> 10-13 <b>Feb:</b> 7-11 <b>Mar:</b> 13-16
<b>Manchester</b>	<b>Nov:</b> 22-25
<b>Code</b>	MSAF2

Accredited by the Institution of Occupational Safety and Health



## NEBOSH Qualifications

A variety of courses for managers, supervisors and those aiming for a career in health and safety

### Who are they for?

NEBOSH qualifications are aimed at supervisors, managers and anyone else who has responsibility for managing the health and safety of others. They are the benchmark qualifications for anyone aiming for a career in health and safety.

### What are they about?

The NEBOSH Certificate qualifications are a sound introduction into the principles of health and safety, and are suitable for beginners. They are assessed at Level 3 on the UK National Qualifications framework.

The NEBOSH National Diploma is a prestigious and demanding qualification assessed at Level 6, that is aimed at full time health and safety practitioners.

All NEBOSH courses include management theory and practical health and safety application.

### Venues

London, Birmingham, Manchester, Leeds, Bristol, Cannock, Gateshead, Norwich.



### Courses and prices

All qualifications are available via face-to-face or distance learning

- NEBOSH National General Certificate
- NEBOSH National Certificate in Construction Health and Safety
- NEBOSH International General Certificate
- NEBOSH Certificate in Fire Safety and Risk Management
- NEBOSH National Diploma

### Guaranteed pass

For an additional fee a delegate failing to meet the required standard in the NEBOSH exams can be given further support until they are successful.

<b>Face-to-face</b>	From £695 + VAT
<b>Distance learning</b>	From £450 + VAT + exam fees

See [reedlearning.co.uk](http://reedlearning.co.uk) for more information

This programme is accredited by NEBOSH in partnership with Phoenix Health and Safety



## More courses

Certain specialist or technical courses run only in-house or on request.  
Call us on 0800 170 7777 or visit [reedlearning.co.uk/HS](http://reedlearning.co.uk/HS) to find out more

<p><b>Level 3 Award in Risk Assessment: Principles and Practice</b></p> <p>This qualification ensures that supervisors and managers have the necessary depth of understanding to enable them to carry out risk effective assessments, which will save your organisation time and money and ensure it complies with all Health and Safety legislation.</p> <p><b>Duration</b> 1 day</p>	<p><b>Accident Investigation Workshop</b></p> <p>This interactive course is designed to assist you in obtaining factual evidence from an accident in the workplace. Case studies will be discussed in confidence to ensure you learn the techniques you need to conduct interviews and accident investigations to the highest standard.</p> <p><b>Duration</b> 1 day</p>	<p><b>COURSES DELIVERED BY THE BRITISH RED CROSS</b></p> <p>For more details visit <a href="http://reedlearning.co.uk/brc">reedlearning.co.uk/brc</a></p>	
<p><b>Defending a Civil Claim</b></p> <p>This course is an overview of the legislative framework, suitable for anyone putting together defences against civil claims on behalf of their organisation. Particularly relevant for senior managers, HR directors and health and safety officers.</p> <p><b>Duration</b> 1 day</p>	<p><b>Health and Safety Legislation Update</b></p> <p>This continuously updated seminar is designed to keep busy health and safety professionals up-to-date with the most recent amendments to relevant legislation. It gives you what you need to know, in the way you need to know it.</p> <p><b>Duration</b> 1 day</p>	<p><b>Fire Safety Awareness</b> <b>£68* + VAT</b></p> <p>This course offers a comprehensive introduction to fire safety, causes, prevention and precautions. It offers practical ways to deal with incidents, including liaison with the fire service, use of fire extinguishers and basic legislation.</p> <p><b>Duration</b> ½ day *£79 + VAT within M25 area</p>	<p><b>Emergency First Aid at Work</b> <b>£105* + VAT</b></p> <p>This course is for candidates who require an Emergency First Aid at Work (EFAW) certificate to comply with HSE requirements. This is a HSE-approved and certified course, covering all the key areas of Emergency First Aid at Work.</p> <p><b>Duration</b> 1 day *£135 + VAT within M25 area</p>
<p><b>Level 3 Award in Food Hygiene</b></p> <p>Anyone working with food in their role is not only responsible but also accountable for food safety. It is therefore vital they are equipped with both the knowledge and confidence to do their job effectively. This award gives delegates the confidence to handle food safely and hygienically.</p> <p><b>Duration</b> 3 days</p>	<p><b>Manual Handling</b></p> <p>Manual handling is one of the most common ways to be injured, no matter what your role. This practical programme covers all the key principles of manual handling and shows delegates how to perform it safely and effectively.</p> <p><b>Duration</b> 1 day</p>	<p><b>First Aid at Work</b> <b>£253* + VAT</b></p> <p>This course is an HSE-approved and certified workshop, covering every aspect of delivering First Aid at Work. It covers how to deal with a wide range of minor and more serious symptoms and illnesses and the ability to respond safely and effectively in an emergency situation.</p> <p><b>Duration</b> 3 days *£358 + VAT within M25 area</p>	<p><b>First Aid at Work Requalification</b> <b>£165* + VAT</b></p> <p>This course is suitable for candidates who need to renew a valid First Aid at Work certificate. It is an HSE-approved and certificated course. The course offers an in-depth understanding of the role of a First Aider and practical skills to administer first aid to a casualty.</p> <p><b>Duration</b> 2 days *£202 + VAT within M25 area</p>

You may also like:

**Essential Business Writing Skills**  
1 day, £479 + VAT

Learn to create professional written communication [Turn to page 19](#)

**Effective Communication** 1 day, £499 + VAT

Master your message and achieve positive results [Turn to page 15](#)

**Introduction to Management** 2 days, £899 + VAT

An essential overview of all the skills a manager needs [Turn to page 35](#)